



OFFICIAL INVITATION

The European Powerlifting Federation sanctioned the
Spanish Powerlifting Association
(Asociación Española de Powerlifting -AEP-)

to invite the member nations to participate in the next events
2nd European Open Classic Powerlifting Cup, men & women
2nd European Open Classic Bench Press Cup, men & women
Alhaurín de la Torre (Málaga) -SPAIN-, 2nd- 4th December 2016

Please note: all information is posted only for information purposes. All selected lifters and officials for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meetdirector: Francisco Gutiérrez

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Mobile: +34 650 644 069, e-mail: MalagaPowerChamp@gmail.com

Copy to EPF Secretary General: Ralph Farquharson

Address: Galena 5, Casa 44, Villapiedra, 03189 Orihuela Costa (Alicante), Spain

Phone: +34 966 73 3367, Mobile: +34 650 041 559, e-mail: ralph@europowerlifting.org

Accommodation & transport: Luis Tudela, e-mail: MalagaAccommodation@gmail.com

Host city: Alhaurin de la Torre, Málaga, Spain

Date: 2nd to 4th December 2016

Venue: *El Limón Sports Centre,*

Address: El Limon s/n, 29130 Alhaurín de la Torre (Málaga), Spain

Technical meeting: Thursday, 1st December at 20:30 in the Cortijo Chico hotel

Accommodation: Prices per room and night (in Euros) with buffet breakfast included

Cortijo Chico hotel **** (four stars)

Cta. MA-9001. Avda. de las Américas s/n, 29130 Alhaurín de la Torre, Málaga, Spain

Phone: +34 952 410 203. Mobile: +34 667 632 120. E-mail: info@hotelcortijochico.com

web: <http://www.hotelcortijochico.com>, GPS: N 36.6767° / W -4.54533°

Single room: 75€ - Double room: 85€ - Triple room: (ask for price & availability)

Another alternative hotels TBA

Note: *all rooms must be booked at the latest with the deadline of the final nomination, 10th November 2016. All athletes, coaches, referees and officials from each federation must stay in the official hotel. If not, they have to pay an administration fee of 100 € (one hundred Euros) or they will not be allowed to participate in the championship. The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms by bank transfer or at the arrival to the Organizers Officers.*

Payable by: 1. Cash (EUR) at the hotel in the Championship Reception
2. Bank transfer to the Organizer bank account

Owner: Club Deportivo Energy Alhaurin de la Torre

Name of the Bank: Caja Rural de Granada

IBAN: ES90 3023 0415 8061 4961 8800

Swift Code: BCOEESMM023

Payment must be **received** at the above mentioned bank account at the latest **7 days** prior to the beginning of the Championship.

Note: 17th November 2016 is the latest date for any removal of nominated lifters & referees, cancellation of booked hotel rooms. If not cancelled in time, federations have to pay the reserved hotel rooms, the participation fee and the doping fee for all lifters and officials specified at the final nomination form.

Arrivals/Departures: The organizer will provide transport between Malaga airport and train stations to hotel within 7:00 to 23:00. Outside this period of time, the transport should be provided by the traveller himself.

When arriving... 1 people: 25 EUR, 2 people: 15 EUR, 3 people: 10 EUR, 4 and more people: 5 EUR
(price in Euros per person each way)

Transport must be paid at the hotel to the Organization Officer or by bank transfer to the Organizer (see bank account above), at the latest 7 days prior to the beginning of the championship. Any national team will not be accredited until the reserved transportation has been paid. Please, send therefore your detailed travel itinerary to transport official so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

Scales: scales available at venue and at the hotel

Training: available a training area at championship venue

Flag: the organization must provide a flag of each participation nation

Anthem: Organizer will provide

Opening ceremony: Saturday 3rd December at 12:15 hours at venue. One representative from each participating country shall take part at the ceremony.

Participation Fee: 60€ and **Anti-Doping Fee:** 50€, for each lifter must be paid by bank transfer to the Organizer bank account (above stated) before the Technical meeting.

Invoices: The Organizer will send invoices for both Anti-Doping and the Participation fees to all entered Federations after the final nomination.

Nominations: Team nomination forms must be in the hands of the Meet director and the EPF Secretary General not later than 2nd October 2016.

Preliminary: 2nd October 2016 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final: 10th November 2016 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!! Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championships.

Confirmation of the referee's participation: It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final Nomination or cancel the referees who will not participate in the Championship.

Each federation with more of one lifter nominated should add at least one referee at his team, and he/she must attend at least one day as referee or jury.

Identification: all lifters are expected to present passports and other required documents at the weigh-in.

Health insurance: All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend travel insurance for covering loss of luggage, delayed flights, etc.

Trophies: Open division (men & women) will receive medals for placing 1st, 2nd, 3rd in each body weigh category. Also awards for placing 1st, 2nd, 3rd by Wilks formula (men & women) in divisions **Open, Junior & Sub-Junior**

Preliminary timetable: Victory ceremonies will be held immediately after lifting sessions. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

FRIDAY, 2nd DECEMBER

2nd European Classic Bench Press Cup

<i>M/W</i>	<i>CATEGORIES</i>	<i>WEIGH-IN</i>	<i>START</i>	<i>FINISH</i>	<i>Max. Lifters</i>
Women	-47 kg, -52 kg, -63 kg	08:00 to 09:30	10:00	12:00	26
Men	-59 kg, -66 kg, -74 kg	10:30 to 12:00	12:30	14:30	26
Women	-72 kg, -84 kg, +84 kg	13:00 to 14:30	15:00	17:00	26
Men	-83 kg, -93 kg	15:30 to 17:00	17:30	19:30	26
Men	-105 kg, -120 kg, +120 kg	18:00 to 19:30	20:00	22:00	26

SATURDAY, 3rd DECEMBER

2nd European Classic Powerlifting Cup

<i>M/W</i>	<i>CATEGORIES</i>	<i>WEIGH-IN</i>	<i>START</i>	<i>FINISH</i>	<i>Max. Lifters</i>
Women	-47 kg, -52 kg, -63 kg	08:00 to 09:30	10:00	14:00	20
Men	-59 kg, -66 kg, -74 kg	12:30 to 14:00	14:30	18:30	20
Women	-72 kg, -84 kg, +84 kg	17:00 to 18:30	19:00	23:00	20

SUNDAY, 4th DECEMBER

2nd European Classic Powerlifting Cup

<i>M/W</i>	<i>CATEGORIES</i>	<i>WEIGH-IN</i>	<i>START</i>	<i>FINISH</i>	<i>Max. Lifters</i>
Men	-83 kg, -93 kg	08:00 to 09:30	10:00	14:00	20
Men	-105 kg, -120 kg, +120 kg	12:30 to 14:00	14:30	18:30	20

Because this is a three days event, the maximum number of lifters allowed in each group is limited. So, it's important you confirm your nomination as soon as possible to guaranty your participation at your body weight category.